



Dedicated to a continuing rural atmosphere

From The Field

By Eric Anderson

The Fire Station was certainly very busy in October. The week long ten year anniversary of the Harmony Grove (and Del Dios) Fire Event was something special. Nona Barker and our Fire Department coordinated several well attended meetings. It started with a scary action packed video compilation of the Fire, the fire house walls were covered with photos and newspaper coverage, and there was lots of discussion, tears and finally (and most important) a renewed commitment and determination to continue to make Elfin Forest and Harmony Grove fire safe communities.

The October Town Council meeting was very well attended with lots of issues and candidates on the November ballot. Francine Busby, candidate for the 50th Congressional seat, led off the evening followed by school board candidates and then later a discussion on Proposition 84. The Harmony Grove Meadows General Plan Amendment for over 200 homes on property zoned for about 20 received a very chilly reception and as Steve Barker observed, it is the first time in recent memory that both communities have been unanimously united on a subject. Thanks to all who attended!

Fall is here and the cool weather is back. Please remember that on Elfin Forest Road during wet and misty weather a car is almost guaranteed to go off the road. Mostly it is the commuters who drive too fast or have worn tires but please be careful.

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Town Council Meeting – Wednesday, November 1st @7:30PM
At The Elfin Forest/Harmony Grove Fire Station

Topics: Little Elves, Board Reports, and the new Palomar Pomerado Hospital

From The Field (continued)

Our volunteers are getting a lot of experience responding to those accidents. I don't think we can say thank you enough to our great Fire Department for all the hard work they do.

Finally we are still looking for someone to step up and "do the newsletter", a team effort could also work. Joe Alemanni has done it for nearly five years and gave us a one year notice last March.

Letter Of Appreciation

By The Murphy Family

We want to express our gratitude to the fire department for their quick response to a medical emergency. It is comforting to know we have such a professional volunteers in our fire department that help the community in so many ways. Our thanks to the Elfin Forest / Harmony Grove Fire Department. Their dedication to the community is what makes this a special place to live.

Make Money – Support Your Community

By Karen Gardner

Planning for the 2007 Elfin Forest Garden Festival is underway. One of the popular venues at the festival is the Marketplace at Elfin Valley Nursery. We would love for you to join us as a vendor if you make or sell:

*Garden or Home Décor,
Garden Art,
Jewelry,
Antiques,
Garden related Cooking Supplies,
Fertilizer,
Garden related service,
Pool or Landscaping service,
Food or Beverages,
or ... any other thing garden.*

For more information please contact Karen Gardner at 760-744-9500 or karen@vintagematerialism.com.

Past chaparral Issues On Web

Past issues of the *chaparral* are now posted at www.efhgtc.org in downloadable PDF format.

October 2006

Vote For Sue Varty

By Joe Alemanni

Our neighbor, Sue Varty, has an opponent in the November 7th election for her Division 4 seat on the board of the Olivenhain Municipal Water District (OWMD). It was concern about the effect of decisions on our community made by the OMWD board that prompted Sue to gain a seat twelve years ago. She has been a committed overseer, tenacious ratepayer advocate, and is still willing to continue serving on the OMWD board.

There is no substitute for having a qualified and astute member of our community on the OMWD board to protect our best interests. It is my personal recommendation to encourage you to re-elect Sue Varty for the OMWD Division 4 seat in the November 7th election.

What's Going On At The Old Trailer Park?

By Betsy Keithley

North County Transit (NCTD) is creating wetland as mitigation for wetland that was disturbed or destroyed as part of the construction of the Sprinter rail service between Oceanside and Escondido.

Elfin Forest Teen Elected President

By Karen Gardner, Jacob's Proud Mother

Jacob Phillips, an Elfin Forest resident, was elected President of the Rancho Santa Fe Student Council for the 2006-2007 school year. Jacob is an eighth grader and has attended the Rancho school since the third grade. His major running platform was to try and get lockers in the future. Other than school, Jacob's interests include soccer, boarding, and computer gaming.

Calendar For November

Date	Time	Event
Wed 11/1	7:30 PM	Town Council Meeting@Firehouse
Tue 11/7, 11/21	7 PM	Fire Training@Firehouse
Wed 11/8	7 PM	Fire Auxiliary
Mon 11/13	7 PM	Fire Board@Firehouse
Sat 11/25	8 AM	Fire Training@Firehouse
Sat 11/4, 11/18	10 AM	Bookmobile@Firehouse

The Bridges Expansion: Why It Impacts You Too

By Jacqueline Arsivaud-Benjamin with Patti Newton

As we move forward in our efforts to secure Elfin Forest's southern backcountry as open space, some of you living at opposite ends of the valley might wonder how this project is relevant to your neighborhood and your quality of life. Let's put it in perspective:

- Allowing sewer on the north side of the Escondido creek, which is the historical, natural border between Elfin Forest and Rancho Santa Fe, creates the possibility of urban sprawl coming from our southern flank. From the proposed Bridges Unit 7, sewer could be extended to other parcels and wind its way either north toward Fortuna del Este, or east toward Colina Encantada.

Several large lots held by absentee owners exist in this area, representing a significant threat because sewer connections would enable higher density to these owners who have no vested interest in our community standards. With San Elijo Hills to the west (and several attempts in the recent past to bring sewer from San Marcos), and Cielo Del Norte to the east scheduled to be built with a sewer connection, we need to be more vigilant than ever about protecting our rural identity. Sewer connections would spell the end of the two-acre minimum zoning, and destroy our rural lifestyle.

- You can be sure other developers are watching. Over the years we've won some important land use battles (the San Marcos Landfill expansion, the trash incinerator, the sludge plant, the proposed Quail Ridge/Sage Hills development and school site, annexation into the city of San Marcos) and we have lost others (San Elijo Hills, Cielo del Norte). It is crucial for us to continue to stand united and strong in defending our community standards, which, among other things, demand two-acre minimum parcels and no sewer.

Next time the threat might come from the North or the East. Our long track record as a vigilant community puts people on notice that we are a force to be reckoned with. The fact we have received so much press coverage on this issue (including on TV news) speaks to the universality of this fight.

- The open space we are fighting for is heavily used and enjoyed for running, mountain bike riding, hiking, and horse trails, as evidenced by the abundance of horse droppings, I mean fertilizer, left behind... Whether we own horses or not, and even though none of the neighbors at the Southern end of the valley keep horses, this open space clearly fulfills a recreational purpose for many outside of just the horse community. By the way the Bridges development, as currently proposed, would terminate the trail connections currently in place.

- Finally, the natural beauty of this last tract of unspoiled habitat (home to 19% of the total gnatcatcher habitat according to the Nature Conservancy), is something all of us in the community should be proud of and cherish as a natural resource to be conserved and passed on to the next generation. Again the focus of most of the press coverage was either a small community fighting off a large developer, or the importance of the gnatcatcher in derailing a development proposal.

When a friend commented on how peaceful this lifestyle is, I had to laugh. I liken it to a duck swimming on a pond; above the water the duck appears calm and serene but below the surface he is paddling like hell!

Eliminating Light Pollution

By Evelyn Alemanni

Light pollution is created when wasted light is projected upwards, creating "sky flow"- seen as a blanket of light shrouding cities at night. Unwanted light on private properties, known as light trespass, and the harsh light that shines in our eyes when we drive, better known as glare, also fall into this category. Light pollution has a profound effect on animals. Mistaking the glow for a rising sun, many birds often become disoriented causing unnecessary deaths. The artificial light also drowns out some insect species, preventing them from attracting mates with their own light. To help prevent light pollution, be sure your light bulbs are shielded so that light goes where you want it, not up into the sky. And remember to turn your outdoor lights off at night. When I was judging for the Communities in Bloom program in Canada this past summer, one town that I visited used a windmill to power its holiday lights. We can do that, too!

California Pepper Trees

By Frank Oddo and Lynda Clerk

The Elfin Forest Landscape Foundation retained landscape architect, Darsono Cunningham, ASLA, in 2000 to help design the trails, trees and signs. In his plant list, he specified the use of the California Pepper (AKA Peruvian Pepper) tree to line Elfin Forest Road. He specified California Live Oak at the road monument signs and at the corners of side roads intersecting Elfin Forest Road.

The specification of California Pepper trees by our landscape architect was based on the following criteria:

- 1) Homeowners had already started using them to line the frontage of their property on both Elfin Forest Road and side roads thus setting a precedent.
- 2) They would provide a uniform look that implied “single community” to those passing through our valley (important for presenting a unified political voice to the rest of the world that is always trying to do something non-rural to us).
- 3) They require minimal maintenance.
- 4) They require little water once established and natural rainfall in Elfin Forest is adequate for their needs.
- 5) They discourage growth of other plants under their canopy, further reducing maintenance costs.
- 6) They would grow to a decorative height faster than oaks enabling us to utilize their unifying aspect sooner to increase our visibility to the outside world as a united community.

There are some 180 non-native species residing in California according to the California Invasive Plant Council. Although it is naturalized to Mexico and Southern California, the Peruvian or California Peppertree is not considered a high risk because it does not spread easily – its rate of volunteerism is low, and it does not send out rhizomes from its underground roots as do Brazilian Peppers, which are classified very high risk. The Brazilian pepper is not sold in the US and in any case it can easily be distinguished from a California pepper because it has solid, dark green leaves.

Downwind growth of California pepper seedlings has not been a problem either because these trees are dioecious, meaning that they require a separate male and female tree. Since the berries and flowers are attractive and are only produced by female trees, it is

the policy of growers to sell only female trees. This effectively eliminates spreading potential. This explains it's classified as a Limited risk because its distribution is limited despite being brought in for private and public landscape use in California since the mid-1800s.

When the three presentations and discussions were held before the Town Council in 2000, there was great appeal in the fact that these stately trees would achieve early maturity and contribute greatly to the outside world's perception of Elfin Forest as a single community. This is a big factor since we so often find ourselves up against developers who create communities around us with strong single identities, a persuasive element in dealing with politicians who are counting votes as the basis for most of their support.

On completion of the tree-planting portion of the beautification project, the Landscape Foundation had planted some 200 California Pepper trees and 84 California Live Oak trees. In just four years the change has been dramatic. While the oaks are thriving and have increased in size, they are a naturally slow growing tree and will be another 30-40 years before they achieve substantial height. The California Pepper trees have achieved what we hoped – a clear sense when you drive through Elfin Forest that this is a community. More than the walls, more than the fenced trail, these trees have made the strongest single visual statement.

Aside from an increase in property values, a significant benefit of the wall monument street signs, the fenced, multi-use trail along the main road, and the planting of defined sections of California Pepper trees and California Live Oaks, has been a giant boost in our visibility as a political force. If we are unified enough to come together on such a project, we present ourselves as a cohesive community with a strong, united voice. People listen.

Elf Alerts

Elf alerts are periodic email messages regarding important local events and supplement the newsletter. To subscribe, contact Rachel Barnes at rbarnesCPA@aol.com. Your email info may be shared with the fire department but no one else. Have you changed your email address? Tell Rachel.

Minutes Of Elfin Forest/Harmony Grove Town Council Meeting

By Steve Barker

Date: October 4, 2006

Call to Order: 7:30 PM.

Members present: Eric Anderson, Steve Barker, Jacqueline Arsivaud-Benjamin, Mid Hoppenrath and Betsy Keithley.

7:30: Meeting to order and introductions.

Chairman **Eric Anderson** introduced several candidates for the pending election on November 7th. Each candidate was asked to keep their presentation under ten minutes.

The following candidates made presentations:

Roxana Folescu, candidate for 74th California State Assembly District.

Francine Busby, candidate for the 50th United States Congressional District (www.busbyforcongress.org).

Scott Cheatham, candidate for the Rancho Santa Fe School District Board (www.voteformscot.com).

Carlie Headapohl, candidate for the Rancho Santa Fe School District Board (carlieh@pacbell.net).

Jay Meyer, candidate for the Rancho Santa Fe School District Board.

Audrey Shillington, candidate for the Rancho Santa Fe School District Board.

Eric introduced **Sue Varty**, Olivenhain Municipal Water District board member and Elfin Forest resident. Sue spoke in opposition to Proposition 84, "The Clean Water, Parks, and Coastal Protection Bond".

Eric also introduced **Alfredo Gonzales** from The Nature Conservancy. Alfredo spoke in support of Proposition 84 (www.yeson84.org).

Treasurer **Betsy Keithley** reported that the Council had a balance of \$24,000. Recent expenses included \$500.00 for legal costs related to Lennar's Bridges development and \$500.00 for the Fire Department's "the Harmony Grove Fire a decade later, what have we learned?" events.

Jacqueline Arsivaud Benjamin reported on recent developments related to Lennar's proposal to expand their Bridges project into Elfin Forest.

Jamie Morel from "Harmony Grove Meadows" (aka Suncal Development) presented an overview of their project proposed for Country Club Drive. Ms. Morel informed the group that they would be requesting a general plan amendment (GPA) from the County in October for 217 homes on 112 acres. Ms. Morel had no detailed project maps to show but did describe the covered bridge they are proposing for the creek crossing. Ms. Morel bravely fielded lively questions and directed the community to find more info on their website

www.harmonygrovelife.com

Gloria James-Suarez from Sprint/Nextel presented plans for a cell tower to be constructed at the firehouse. The proposed tower would do double duty as a hose drying tower needed by the department. The tower will also house T-Mobile's cell antenna.

Adjourned: 9:30 PM.

Cultivate Gardens, Not Lawns

By Evelyn Alemanni

Did you know that lawns require more energy input than anything else you can grow? Consider what a lawn needs to keep it looking good - regular mowing, fertilizer and pesticides, and more water than any other plant besides water lilies.

Excess water runs into the groundwater and creeks, taking fertilizer and pesticides with it. Some of our local seasonal streams have become year-round, thanks to lawn irrigation at nearby subdivisions. Not only that, but mowers create more air pollution than cars! So simplify your life, save money, clean the air, and beautify your garden all at the same time, by replacing the lawn with a colorful selection of native and/or drought tolerant groundcovers and shrubs.

If you don't know what to plant, check out our local firewise demonstration garden and the native garden at the fire station. The fire department offers a beautiful FREE brochure that includes a plant list.

Or, turn that space into a vegetable garden. Talk about fast food! What fun to step outside and pick fresh vegetables for dinner. It sure beats driving to the grocery store. Vegetables to plant this month include lettuce, carrots, celery, broccoli, cauliflower, cabbages, onions, potatoes, garlic, and kale.

Oppose Proposition 84

By Susan Varty

For twelve years I have served on the Olivenhain Municipal Water District's Board of Directors and am currently President of the Board. I served for five years on San Diego County Water Authority Board and currently represent Southern California (Region 10) at ACWA (Association of California Water Agencies).

I am writing to you today as a 28-year resident of San Diego County because laws prohibit non-partisan special districts from supporting or opposing political actions. I oppose Proposition (Prop) 84 for the following reasons:

1. Total bonds on the ballot equal \$85 billion in principal and interest. California already owes \$90 billion in principal and interest for bonds passed in previous years. If all the bonds on the ballot pass, we will almost double California's outstanding indebtedness. \$11 billion of the \$85 billion is Prop 84. This is a huge amount. Cash flow for bond payments will be at the maximum level, therefore no new bonds will be available for other projects for years to come (like fixing the levees...).

2. What's wrong with the levees? Half of our water comes through the levee system in the Delta. The Department of the Interior wrote a report in response to Hurricane Katrina and the New Orleans levee problem. The report, "Anticipating California Levee Failure", states that "in a 6.5 magnitude earthquake several key aspects of the delta infrastructure are highly vulnerable. Vulnerable parts are...oil and hazardous material releases into the delta system...Approximately 400 miles of oil and hazardous liquid pipelines operated and maintained by Conoco-Phillips, Shell, PG&E, Mirant Delta and others run alongside and /or across the delta.

Subsurface hazardous liquid pipelines, containing products such as nitrogen and liquefied natural gas, cross the delta and are adjacent to faults. The density of oil is less than the density of water, so when soil liquefies, pipes have a tendency to rise. If they rise too far, they can rupture. In the event of a major earthquake in the area, these pipelines are vulnerable to rupture, leading to crude oil, gas, and/or other hazardous liquid releases." Can you imagine building the Olivenhain Dam with four or five gas pipelines running through it? Seems like we should get it fixed as soon as we can, but if all these bonds

pass, there will be no bonding capacity for decades to come.

3. Prop 84 is not a water bond. California has three urgent water problems: the unstable levees in the northern California delta, the conveyance system to bring water to southern California, and where to put the water once it reaches southern California. This bond does not address any of these problems. In fact, less than 26% has anything to do with water or water infrastructure at all. Prop 84 is about selling swampland in northern California to the state of California and asking the taxpayers to pay for it.

4. Prop 84 does not benefit all Californians equally. San Diego County has 8.6% of the state's population but less than 2% of the benefits of the bond.

5. It is unknown at this time how the payments will be made. Proposition 84 started out as an initiative therefore there have been no public hearings. Proponents believe there will be money either from a direct tax on water bills or in the general fund to fund these payments.

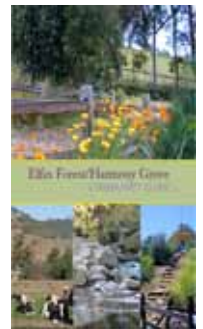
6. Wholesale agencies are sending a misleading message to the public. San Diego County Water Authority, Metropolitan Water District and the Association of California Water Agencies have all issued statements in support of Prop 84. They have all been promised part of the proceeds from the sale of the bonds. They are not troubled by fairness to residents of San Diego County, any bond money they receive is better than no bond money at all.

Please consider voting against Proposition 84. I would be happy to provide additional information upon request.

Get Your Community Guide

By Evelyn Alemanni

Our community guide is available at all town council meetings. This beautiful, keepsake edition has nearly 200 color photos showing our community's past and present. They make wonderful gifts and an indispensable marketing tool for realtors. It provides resources for rural living, a history of our community, and much, much more. The price is \$20.



Get Ready For The 2007 Elfin Forest Garden Festival

By Karen Gardner

Your town council has started in earnest organizing the 2007 Elfin Forest Garden Festival which will be held on Saturday April 21, 2007, a day before Earth Day. This event, started in 2003 by Evelyn Alemanni, is our community's largest fundraiser and has positioned Elfin Forest as a community with exceptional landscapes.

As development seems to be encroaching on all sides of our beautiful valley, it has been necessary to hire outside experts to thwart the advance of the tract-mansion. As an example, just recently, the town council, in conjunction with The Escondido Creek Conservancy (TECC), staved off imminent expansion of the Bridges into the Elfin Forest valley. The success of this endeavor was due, in part, to funds provided by the town council to hire experts and an attorney. (Thank you Jacqueline Arsivaud-Benjamin!!!!) It is necessary now more than ever for our community to band together and make this fundraising event successful.

If you'd like to be a sponsor, we'd love your support. Sponsors have their names listed in the program that each garden guest receives and are also listed on the Garden Festival website (www.elfinforestgardens.info) with a link to their business web sites.

We are currently in need of the following "big job" volunteers:

- Fundraiser Coordinator (solicit potential donors and sponsors).
- Volunteer Coordinator (recruit about 20 or so volunteers for various tasks on the day (i.e., ticket sales, trash, signage, traffic directing, etc.).
- Signage (responsible for installing signs at appropriate locations).

If you are interested in being a sponsor or volunteer on the day of the event, but don't have time to commit to an organizational position, please contact:

Jacqueline Arsivaud-Benjamin –
760-891-9061 simshona@aol.com

Karen Gardner –
760-744-9500 karen@vintagematerialism.com

Shifting Priorities

By Scot Cheatham, Scholl Board Candidate

Many of us moved into the Rancho Santa Fe School District because of its fine reputation for educating its students. Throughout the years, we have been truly blessed with a school in our community that has so much potential for enriching the lives of our children and ourselves. Its value cannot be overstated, and its legacy won't go unnoticed. Our school has the future of our children in its hands.

Recently I've become concerned about how shifting priorities are lowering the quality of education for which our school has been known. More specifically, I have seen instrumental music and lower grade foreign language diluted or completely removed from the school's curriculum. We all know that exposure to music and foreign language in our students' early years can positively affect their academic performance and help shape their futures. Reams of studies show this to be the case.

Some might say that we don't have the resources (money) to fund these programs. That is also probably why parents are being asked to pay for after school physical education programs this year. Or is it really just a matter of priorities?

Could it be that the money that could be spent on these programs is allocated for other purposes? According to the school's financials from 2006, there was a \$931,000 operating surplus at the end of the fiscal year. A little over half of that amount was transferred to the Special Reserve Fund (or Savings Account); the rest was transferred to the Capital Facilities Fund to defray some of the over \$1,000,000 that was spent in soft costs related to the Aliso Canyon site.

Interestingly, over \$2,900,000 has been transferred from the general operating budget to the school's savings account since 2000.

So I scratch my head and ask myself why is there no instrumental music program, or foreign language program in the lower grades? And why must we pay for after school sports? Since it does not appear to be a matter of the availability of money, it can only be a matter of priorities.

Let's work with the school to restore these enrichment programs. Let's shift back the priorities. Our children will be better for them.

What's Happening At The Fire Department – November 2006

By Battalion Chief Dawn Pettijohn



This month we complete our training on the Incident Command System (ICS) with I-200. This classroom marathon has been great training for us with Deputy Chief Heiser and Deputy Chief Neville

on ICS, Wildland Fire Behavior and Safety, and will bring us into federal compliance with the National Incident Management System (NIMS). Thank you, Chiefs for providing us this training opportunity.

We have submitted a grant application to the San Diego Fire Foundation for \$25,000 towards our new ambulance. A difficult task, we are actively seeking grants that will allow for this type of award as our aging BLS ambulance is in dire need of replacement.

Also in the grant category, we have been notified of an award for the Volunteer Fire Assistance Grant Program for \$3051 for some new structural turnouts. Personal protective gear is very expensive, and this grant will really help us out.

Congratulations to Firefighter Joy Schuler who has successfully achieved her State of California license as an LVN (Licensed Vocational Nurse). With 18 months of school under her belt, she now continues her education to work towards a license as an RN (Registered Nurse). As our "highest medical authority", Joy is a great help to us in training and at incidents.

Welcome aboard our newest member Taylor Larson. Taylor has successfully completed the Chiefs' interview and begins his tenure as a Probationary Firefighter and EMT. His duty shift will be Mondays and we will be sure to keep him busy.

And finally, thank you to all those who attended the Harmony Fire Remembrance at the Fire Station. Providing the chance to reflect and talk about our experiences, learn about the Wildland Urban Interface environment and understand the chaparral that we live in, we come away with a greater understanding of what happened and where we are today. Sales of the T-shirts and DVDs went well, but if you haven't purchased one come on by the station. All the proceeds go to the Fire Wise Garden so meticulously cared for by Peggy Petitmermet and Karen Gardner. In closing, we would like to extend

our thanks to all who donated time and money to make this wonderful event possible. And a special thank you to Nona Barker for her dedication and hard work to plan and orchestrate this four day community experience.

New DirecTV HD-DVR

By Joe Alemanni

Since many of us are subscribers to the DirecTV satellite television service the recent availability of their new high-definition (HD) digital video recorder (DVR), the HR20-700, might be of interest. This is DirecTV's first non-TIVO HD-DVR supporting the MPEG4 standard (the compression method used to encode the satellite signal).

The HR20-700 has two satellite tuners and two ATSC tuners (one ATSC tuner is initially disabled) for receiving over-the-air (OTA) digital TV from local broadcasters. The dual satellite tuners allow you to record one program while watching another (or even record two programs while watching a recorded program). It has a 300GB internal hard drive with an estimated recording capacity of 50 hours of MPEG4 HD, 30 hours of MPEG2 OTA HD, or 200 hours of standard definition.

A five-LNB multi-satellite and Ka/Ku compatible satellite dish as well as RG6 coaxial cable is required (two cables from the dish to the receiver). I bought the dish, which I self-installed (not recommended for the non-techie), at Newegg.com (\$79.99), coaxial cables at Walmart.com, and the HD-DVR from Bestbuy.com (\$199.00). A DirecTV service commitment is required and DirecTV charges a \$5/month DVR fee.

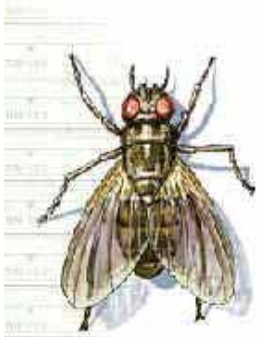
As a long time DVR user (five years with a Replay DVR), I love the dual satellite tuners and 30-second skip forward button. Picture quality is great and the integrated receiver-DVR let me greatly simplify the rat's nest of wiring in my TV cabinet. It has an optical digital audio (for a Dolby amplifier) and HDMI outputs.

Although I'm still learning how to use the receiver, it doesn't appear to have a simple way to minimize the number of displayed channels in the program guide. For now, I have to scroll pass dozens of guide entries to find those of interest.

Now to work on Ev for the big HDTV!

Eliminating Frequent Flyers

By Evelyn Alemanni



Maybe it's the weather, maybe it's something else, but flies continue to be bothersome in our valley. The San Diego County Department of Health offers some valuable tips for controlling flies. You can find them on the county's website at:

<http://www.sdcounty.ca.gov/deh/chd/vector/vflies.html>.

Why worry about flies? If you're the least bit squeamish, skip the next few lines. Here are a few of the diseases flies carry and/or spread:

- Dysentery: Stomach infection with cramping, fever or blood-stained stools.
- Cholera: Infection of the intestines that can cause diarrhea.
- Pinkeye: Inflammation of the white part of the eye.
- Tuberculosis: Infection which can affect the lungs or central nervous system.
- Smallpox: Infection which causes flu-like symptoms and rash.
- Myiasis: Infestation of tissues by fly larvae or "maggots".

Before you go blaming your neighbor's horses for fly problems, consider that flies are found wherever there are animal wastes, garbage, and organic matter. So, here's what you can do:

- Use garbage cans with tight fitting lids.
- Pick up animal droppings as soon as you can and tie them up in a plastic bag.
- Remove fallen fruit and vegetables right away.

So, clean up the outside, keep flies out of your home by maintaining screens in good repair, closing doors and windows, and using fly strips and fly bags. If you need to use insecticides, be sure to read the instructions carefully and keep them away from family pets and children.

If you want further advice on controlling flies, contact the county at 858-694-2888 or vector@sdcounty.ca.gov.

Need a Website?

Call for a free consultation.

Check these samples of our recent work:

www.plantplants.com

www.sunshinegardensinc.com

www.decorsandiego.com

www.sdhortsoc.org

www.andersonslacostanursery.com

www.efhgtc.org (town council website)

www.elfinforestgardens.info

www.coburntopiary.com

www.elfinforestcommunityfoundation.org

www.newcoursejumps.com

www.buenacreekgardens.com

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Save Electricity

By Evelyn Alemanni

You can reduce the cost of your Christmas lighting displays by using LEDs (light emitting diodes) rather than incandescent lights. An increasing number of lighting products that incorporate LEDs are available. LED lighting represents the best in energy management, long lamp life with minimal service and replacements, and also offers much more flexibility in theme design, with color changing effects. LEDs use 90% less power, so they pay for themselves in a few seasons, and most LEDs have an expected lamp life of 100,000 hours.

News From Questhaven Retreat



Sunday worship is at 10:45 AM.
All are welcome.
20560 Questhaven Road.
760-744-1500
www.questhaven.org.

Study groups meet on weeknights. Please call the office for times and locations.

Weekly Meditation - Wednesday at 7:30 PM.

November 5 - *The Spiral Path of Reincarnation*
Rev. Phyllis Isaac

November 12 - *Our Silent Helper—The Holy Spirit*
Rev. Susan S. Cary

November 19 - *Invoking All Seven-Aspects of God*
Rev. Blake Isaac

November 26 - *The Blessings and Challenges of Spiritual Stewardship*
Rev. Elizabeth Wood

HG Spiritualist Church Services

The Harmony Grove Spiritualist Church services are:

Saturday: Healing 1 PM – 2 PM
Church Service 2 PM – 3 PM

Sunday: Healing 10 AM – 11 AM
Church Service 11 AM – Noon

Sheriff's Department Contacts

In an emergency, please call 911. For non-emergency reporting, contact the following:

General - 760-510-5200

Jackie Cruz – Agriculture crime prevention specialist 760-940-4350

Betty (B.J.) Williams – Crime Prevention Specialist/Neighborhood Watch 760-510-5254

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Amanda Clerke – Experienced Babysitter/Pet Care. Elfin Forest resident, RSF School. YMCA babysitter certification. 12 years old. Please call 760-510-0143.

Jessica MacKinnon - Babysitting/Feed Animals, EF Resident, 15 years old, SFC High School - 10th grade, took babysitting course through Red Cross. Contact at 760-744-8955.

For Sale - Redwood playset, with fort, slide, tire swing, 2 swings, glider. Great condition. \$500.00. 760-761-0967.

Needed - Jazzercise San Elijo needs babysitters for morning classes, 8:45-9:45 AM. Earn extra money and free Jazzercise classes. For more information, please call 760-752-1909.

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